



District 5 News4U

2ND QUARTER - 2024

District 5 Newsletter Editor email: district5@district5msca09.com

Online Newsletter: <https://district5msca09.com/#D5Docs>

PLEASE NOTE:

Links provided throughout are accessible by reading newsletter online.

IS YOUR GROUP LINKED TO A.A. AS A WHOLE?

Below is a bit of the information provided in A.A.'s "SM F-104 Rev. 06/22" (https://www.aa.org/sites/default/files/literature/smf-104_en_0622.pdf)

☞ "Most groups in the United States and Canada choose to be linked to A.A. as a whole by listing the group with the General Service Office, as well as with the Area Assembly, district and local central/intergroup office..."

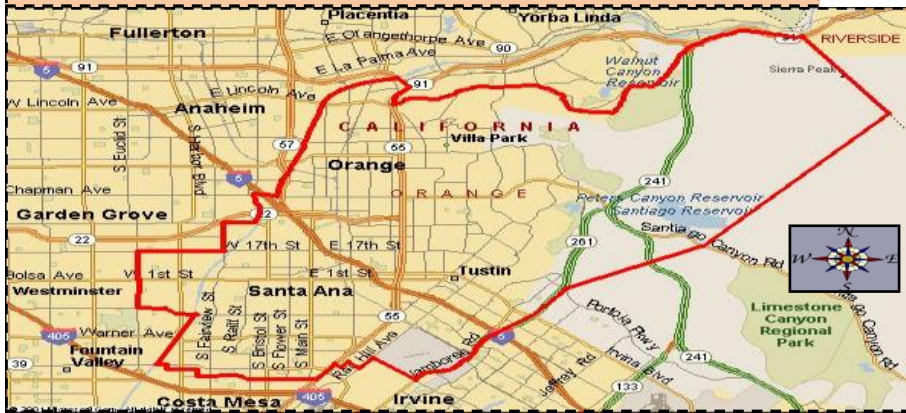
☞ "...Groups listed with G.S.O. have their G.S.R.s or "group contacts", who act as channels for two-way communication and shared experience..."

☞ "...In the spirit of our Twelve Concepts and World Service, each group linked to the local general service structure has the opportunity to participate via District meetings and Area Assemblies in the collective conscience of A.A. in the U.S. and Canada..."

On how to register your group, or for more information, contact District 5 at district5@district5msca09.com

"DISTRICT 5 AREA ZONES"

Cowan Heights, Lemon Heights, Orange, Orange Park Acres, (parts of) Santa Ana, Tustin, and Villa Park



Being of Service...

YOUR DISTRICT 5 PANEL 74 "2024/2025" TRUSTED SERVANTS/OFFICERS & COMMITTEE MEMBERS



**** TRUSTED SERVANTS/OFFICERS ****

- ☞ D.C.M.C.: Vicki R. Email: district5dcmc@district5msca09.com
- ☞ ALT. D.C.M.C.: Arrielle T. Email: district5alt-dcmc@district5msca09.com
- ☞ SECRETARY: Ryan P. Email: district5secretary@district5msca09.com
- ☞ TREASURER: Greg A. Email: district5treasurer@district5msca09.com
- ☞ REGISTRAR: Kyle B. Email: district5registrar@district5msca09.com

****DISTRICT COMMITTEE MEMBERS (DCMs)**
(For District 5's Subdistricts)**

- ☞ WOMEN'S EVENING Chris D.
- ☞ MEN'S GROUP Mitchell B.
- ☞ ORANGE FRIENDSHIP CLUB AM Chris D.
- ☞ ORANGE FRIENDSHIP CLUB PM Chris D.
- ☞ NORTH TUSTIN Tyson H.
- ☞ SOUTH TUSTIN Matt D.
- ☞ EAST ORANGE OPEN
- ☞ WEST ORANGE OPEN
- ☞ WOMEN'S DAY OPEN
- ☞ SANTA ANA (Parts Of) OPEN
- ☞ SANTA ANA ALANO CLUB OPEN

****STANDING COMMITTEES CHAIRS****

- ☞ ARCHIVES Mitchell B.
- ☞ CONVENTION LIAISON Matt D.
- ☞ GRAPEVINE Chris D.
- ☞ GSR SCHOOL Kyle B. (Sub)
- ☞ H&I LIAISON Lana W.
- ☞ INTERGROUP LIAISON Lorne V.
- ☞ LITERATURE Steve C.
- ☞ NEWSLETTER/WEBSITE Vicki R. (Sub)
- ☞ ACCESSIBILITIES OPEN
- ☞ C.P.C. OPEN
- ☞ P.I. OPEN

**** VOLUNTEER POSITIONS ****

- ☞ CAKE and COFFEE SERVICES Steve C.

INSIDE THIS ISSUE :

| | |
|-------------------------------------------------------------------------------------------|---------------------|
| Steps, Traditions, and Concepts - 4 thru 6 - | 2 |
| Here's What's Happening At... District 5—MSCA09—OCAA / OC Central Office | 3 |
| AA General Service Office (GSO) Announcements & Events, 2024 GSC Info, and Grapevine News | 4 |
| "District 5" Sobriety Birthdays | 5 |
| New GSRs / Alternate GSRs | |
| A.A. Related Websites | 6 |
| A Little of This...A Little of That, Fellowship Member Submission | |
| Sobriety Events | 7-8 |
| GSR Corner | 9 |
| 74th GSC - Quick Reference Guide | 10 |
| Meeting Groups with Active GSRs | 11 |
| 2024 Meeting Group Contributions to District 5 | 12 |

For more information regarding District 5's "Being of Service" positions:

<https://district5msca09.com/#ServPositions>



How can YOU "Be of Service"??

Attend a District 5 meeting and VOLUNTEER for one of the OPEN positions.

4
5
6



STEPS, TRADITIONS, AND CONCEPTS OF A.A.

(Reprinted with permission of A.A. World Services, Inc.)



AA Website Links: [Alcoholics Anonymous : Read the Big Book and Twelve Steps and Twelve Traditions \(aa.org\)](https://www.aa.org) -AND-

[SMF-195 en - The Twelve Concepts for World Service \(Long Form\) \(aa.org\)](https://www.aa.org)

STEPS: 4, 5, AND 6

[4]

Short Form:

“Made a searching and fearless moral inventory of ourselves.”

[5]

Short Form:

“Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.”

[6]

Short Form:

“Were entirely ready to have God remove all these defects of character.”

STEP 4: *“Moral is an adjective that means relating to the standards of good or bad behavior, fairness, honesty, etc. that each person believes in...”*



TRADITIONS: 4, 5, AND 6

[4]

Short Form:

“Each group should be autonomous except in matters affecting other groups or A.A. as a whole.”

[5]

Short Form:

“Each group has but one primary purpose—to carry its message to the alcoholic who still suffers.”

[6]

Short Form:

“An A.A. group ought never endorse, finance, or lend the A.A. name to any related facility or outside enterprise, lest problems of money, property, and prestige divert us from our primary purpose.”

TRADITION 4 (Long Form): *“With respect to its own affairs, each A.A. group should be responsible to no other authority than its own conscience. But when its plans concern the welfare of neighboring groups also, those groups ought to be consulted. And no group, regional committee, or individual should ever take any action that might greatly affect A.A. as a whole without conferring with the trustees of the General Service Board. On such issues our common welfare is paramount.”*

~ The A.A. Service Manual / 2021-2023 Edition ~

CONCEPTS: 4, 5, & 6

[4]

Short Form:

“At all responsible levels, we ought to maintain a Traditional “Right of Participation,” allowing a voting representation in reasonable proportion to the responsibility that each must discharge.”

[5]

Short Form:

“Throughout our structure, a traditional “Right of Appeal” ought to prevail, so that minority opinion will be heard and personal grievances receive careful consideration.”

[6]

Short Form:

“The Conference recognizes that the chief initiative and active responsibility in most world service matters should be exercised by the trustee members of the Conference Acting as the General Service Board.”

CONCEPT 5: *“We serve the group by having the courage to state a minority opinion when needed and we respect this right in others.”*

~ Dennis Fitzpatrick ~

*** DISTRICT 5 - AREA 09 - OCAA / O.C. CENTRAL OFFICE ***

DISTRICT 5

Website: <https://district5msca09.com/>

D5's GSR Meetings are held 2nd Thurs. of the month.
=====

STEERING COMMITTEE MEETINGS

DATES: (Mon.) Jun. 10 / Jul. 8 / Aug. 5 / Sep. 9 /
Oct. 7 / Nov. 11 / Dec. 9

TIME: 6pm PT

ZOOM:

Member ID: 897 037 1755
Password/Passcode: 06101935
=====

GSR BUSINESS MEETINGS

2nd Thursday of the Month

DATES: (Thurs.) Jun. 13 / Jul. 11 / Aug. 8 / Sep.
12 / Oct. 10 / Nov. 14 / Dec. 12

TIME: 6:30pm PT - New GSR Orientation

(In-Person Only)

7:00pm PT - Regular Meeting (Hybrid)

IN-PERSON: Church of the Foothills

19211 Dodge Avenue

Santa Ana / N. Tustin, CA 92705

ZOOM:

Meeting ID: 897 037 1755
Password/Passcode: 06101935
=====

*For safety and security reasons, please
be sure your first name, last initial, and
meeting group information is reflected.*
=====

MARK YOUR CALENDAR!

District 5 is hosting...

'DELEGATE (Alex W.) REPORT BACK'

(THURS.) JUNE 13, 2024

See Flyer on [Page 7](#)

MSCA09

Website: <https://msca09aa.org/>



**DELEGATE'S
CORNER**

[Delegate's Corner - Mid-Southern California Area 09
\(msca09aa.org\)](https://msca09aa.org/)

You can find all our Delegate's
reports on her webpage.

June 1 (Sat): 9:30am - 1:00pm

*** 4 AREA DCM SHARING SESSION ***

IN-PERSON: Pala Administration Building
12196 Mission Road, Pala, CA 92059

Check [MSCA09's website](#) for updated information.
=====

June 9 (Sun): 9:00am - 3:00pm

*** AREA SERVICE ASSEMBLY (ASA) ***

Hosted by Districts 1 & 3

Check [MSCA09's website](#) for updated information.
=====

July 7 (Sun): 9:00am - 3:00pm

*** FORO 2024 ***

Hosted by District 20

IN-PERSON: Norma Hertzog Community Center
1845 Park Ave., Costa Mesa, CA 92627

*The purpose of the Foro de M.S.C.A. is to focus on
General Service topics.*
=====

July 18 (Thurs.): VIRTUAL

Meeting ID: 873 6607 8505 // Passcode: Area09p74

*** SERVICE MANUAL WORKSHOP ***

6:00pm - 7:00pm

Chapter 4 - The Area Committee
Deborah S., Area 17 Alt-Delegate

Chapter 5 - The Delegate

Jeryl T., Past Area 09 Delegate (Panel 72)

*** MSCA09 COMMITTEE SHARING SESSION ***

7:15pm - 8:15pm
=====

August 1 (Thurs.): 6:00pm - 8:00pm

*** 'PAI' WORKSHOP ***

More information will be found on [MSCA09's website](#)
once it becomes available.



Mid-Southern
California Area 09



OCAA / O.C. CENTRAL OFFICE /

H&I

Website: <https://oc-aa.org/>

H&I Website: ochandi.org

**ORANGE COUNTY
ALCOHOLICS ANONYMOUS /
O.C. CENTRAL OFFICE**

1526 Brookhollow Dr., Ste 75
Santa Ana, CA 92705-5466
(714) 556-4555

ORANGE COUNTY INTERGROUP

Meetings every 2nd Wednesday of the month at
7:00pm - 8:30pm PT.

6:30pm: Orientation of New Intergroup Reps

Location (In-Person Only):

Norma Hertzog Community Center
1845 Park Ave., Costa Mesa, CA

For more info:

Email: Chair@oc-aa.org

Website: <https://oc-aa.org>
=====

**ORANGE COUNTY
HOSPITALS & INSTITUTIONS (H&I)**

Meets the 2nd Sunday of the month.

Meeting Times:

4:00pm: Institutions Committee
(Orientation at 3:15pm)

6:00pm: Hospitals Committee
(Orientation at 5:15pm)

Location: Garden Grove Alano Club
9845 Belfast Dr., Garden Grove, CA

For more info: (714) 926-9573 'or' ochandi.org
=====

Orange County Intergroup Association's monthly
publication of "Lifeline" is filled with great information
and, most importantly,
EXPERIENCE, STRENGTH, and HOPE!!

You'll definitely want to read each issue.

Website: <https://oc-aa.org/newsletter/>



Looking to "Be of Service"?
Contact O.C. Central Office or H&I for ways you can be.

Visit www.oc-aa.org for
additional information and links.

Meeting Guide App:

<https://www.aa.org/meeting-guide-app>

GSR and DCM Apps:

GSR APP: <https://msca-gsr-kit.glideapp.io/>

DCM APP: [https://dcm-dcmc-school-
app.glideapp.io/](https://dcm-dcmc-school-app.glideapp.io/)

These are great and useful apps that can be download-
ed to your computer, laptop, tablet and/or netbook!

DISTRICT 5 WEBSITE...

**HAVE YOU SEEN
IT YET??**

[District 5 of MSCA09
Website
\(district5msca09.com\)](https://district5msca09.com/)



**Don't be an AA Thief!
Don't take what you can
and not give back.**

**PLEASE BE SURE TO CONFIRM
ANY AND ALL MEETINGS
BEFORE ATTENDING /
PARTICIPATING.**

**Looking for
a meeting?**

**A.A. GENERAL SERVICE OFFICE (GSO)
ANNOUNCEMENTS & EVENTS**

AND A.A. GRAPEVINE NEWS










A few of the “What’s New on AA.org”

(If viewing digitally, just click on the individual listed titles for the complete information.)

Or Visit:

https://www.aa.org/pages/en_US/whats-new-on-aaorg

March 2024 thru May 2024





















-  [A 10th Step from the trustees’ Literature Committee / “The Founders’ Writings”](#)
-  [Highlights from AAWS / January 25, 2024](#)
-  [Box 4-5-9 Winter 2023 Edition](#)
-  [Announcing: “A Celebration of the Big Book” Flash Sale! May 1 – July 31, 2024 \(10% Off\)](#)
-  [Quarterly Report from G.S.O. / First Quarter, 2024](#)
-  [2024-2025 Regional Forums Calendar Poster](#)
-  [Announcing: AAWS Pamphlet and Pamphlet Racks List Price increases effective May 1, 2024](#)
-  [New Map View Feature added to Meeting Guide](#)
-  [About AA - Winter 2023 \(A newsletter for professionals\)](#)

**A.A. Audiobooks & CDs, and eBooks
(For Purchase)**



Audiobooks & CDs

<https://onlineliterature.aa.org/audiobooks>

-  A Lifetime of AA (MP3)
-  Attitude Adjustment (MP3)
-  Classic Grapevine, Volume 3 (CD)
-  Classic Grapevine, Volumes 1 thru 3 (MP3)
-  Emotional Sobriety: The Next Frontier, Volume 2 (CD)
-  Emotional Sobriety: The Next Frontier (MP3)
-  It Works If We Work It (CD & MP3)
-  The Language of the Heart (CD - MP3 - eBook)
-  Not For Newcomers Only (CD)
-  Partners on the Journey (MP3)
-  Pathways to Spirituality (MP3)
-  Powers of Example (MP3)
-  Prayer & Meditation (MP3)
-  Spiritual Awakenings: Journeys of the Spirit (MP3)
-  The Best of Bill (CD & MP3)
-  The Home Group: Heartbeat of AA (MP3 & eBook)
-  The Home Group: Heartbeat of AA, Volumes 1 & 2 (CD)
-  The Story of AA (MP3)
-  The Twelve Traditions (CD & MP3)
-  What It Was Like: Early AAs Tell Their Stories (CD & MP3)



BOX 4-5-9 UPDATE

(As per A.A.W.S. Correspondence / Dated May 2024)

“...At its March 2024 meeting, the A.A. World Service Board voted to discontinue the print edition, effective immediately...”

The full version of the letter can be found here:

[Box 459 Print Decision \(aa.org\)](https://www.aa.org/sites/default/files/literature/Box_459_Print_Decision_aa.org)

https://www.aa.org/sites/default/files/literature/Box_459_Print_Decision_0.pdf



****A Few of the Downloadable A.A. (PSA) Videos****



Sobriety in AA:

- When Drinking is no longer a Party
- My Drinking Built a Wall
- We made changes to stop drinking



**HAPPY 80TH ANNIVERSARY,
GRAPEVINE MAGAZINE!**

2024

1944

As per: [A.A. Timeline | Alcoholics Anonymous \(aa.org\)](#)

June 1944...

THE AA GRAPEVINE DEBUTS

“An eight-page bulletin intended to bring A.A. news to members (including soldiers overseas) expands to become the Fellowship’s official magazine, with the first issue published in June 1944. It comes to be called A.A.’s “meeting in print.”

June 2024’s Grapevine issue features stories by AA members who share how much the Grapevine has meant to them.



A.A. GRAPEVINE NEWS...

NOW AVAILABLE:

“The Grapevine and La Viña Apps”



iPhone



Android



**GRAPEVINE
LA VIÑA
Apps
Now available!**



Already have the app?
Consider gifting one to an alcoholic who doesn’t.

AAGrapevine YouTube Channel
www.youtube.com/c/AAGrapevine

AAGrapevine - Instagram
[@alcoholicsanonymous_gv](https://www.instagram.com/alcoholicsanonymous_gv)

AAGrapevine’s Podcast
<https://www.aagrapevine.org/podcast>

HAPPY 'SOBRIETY' BIRTHDAY
to the following
District 5 Group Members!



**** FEBRUARY 2024 ****

- 🍷 Isaac M. - 9 Years - Past Panel 72 D5 DCMC
- 🍷 Glenda R. - 11 Years - GSR "Chapman & Lewis AA Group"

**** MARCH 2024 ****

No Meeting Attendee Birthdays

**** APRIL 2024 ****

- 🍷 Gloria Z. - 16 Years - GSR "It's In The Book"
- 🍷 Curt B. - 37 Years - GSR "Tustin Acceptance Meeting"

**** MAY 2024 ****

- 🍷 Kyle B. - 9 Years - GSR "Quality Serenity" / D5 Registrar



Celebrating your sobriety birthday is a way to honor your hard work and dedication and **showing others it can be done!**

By doing it
"ONE DAY AT A TIME",
all together they have...

| | |
|--------------|------------|
| YEARS..... | 82 |
| MONTHS..... | 984 |
| WEEKS..... | 4,276 |
| DAYS..... | 29,930 |
| HOURS..... | 718,320 |
| MINUTES..... | 43,099,200 |



- ♦ Alcoholics Anonymous.....www.aa.org
- ♦ District 5.....<https://district5msca09.com/>
- ♦ Mid-Southern California Area 09 <https://msca09aa.org>
- ♦ OCAA/OC Central Office.....www.oc-aa.org
- ♦ Hospitals & Institutions (H&I).....<https://ochandi.org>
- ♦ A.A. Service Manual Combined with 12 Concepts (2021-2023 Edition).....www.aa.org/aa-service-manualtwelve-concepts-world-services
- ♦ AA Grapevine.....www.aagrapevine.org
- ♦ OC A.A. Convention.....www.ocaac.org
- ♦ All O.C. Young People In A.A.....www.ocypaa.org
- ♦ Bridging the Gap.....<https://area9btg.org>
- ♦ Online Intergroup of A.A.....<https://aa-intergroup.org>



NEW GSRs / Alternate GSRs / District 5 Position Holders

A big *WELCOME* and *THANK YOU* to the following for taking on these commitments:

| NAME | MEETING GROUP | CITY |
|-------------------|------------------------------------|--------|
| ♦ Scott P. (GSR) | Tustin (6am) Attitude Modification | Tustin |
| ♦ Lien L-G. (GSR) | Ladies Night Book Study | Tustin |
| ♦ Ana A. (GSR) | Keep It Simple | Orange |

AA RESPONSIBILITY STATEMENT

"I am Responsible. When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that: I am responsible."



Let us Know



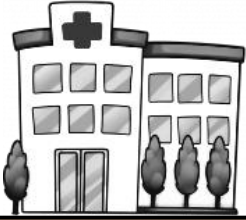
MEETING GROUP INFORMATION

In order to keep our applicable database records up to date; GSO, Area 09, District 5, and O.C. Central Office need to be advised whenever there are the following meeting / group changes:

- Name — Date and Time — Location
- General Service Representative (GSR) and/or Contact Information (i.e. Secretary)
- New Meeting/Group 'or' Disbandment of Meeting/Group

If there are any changes, please notify District 5's "Registrar" or "GSR School" Standing Committee Chair. District 5 will then make sure the information is forwarded on.

A LITTLE OF THIS...A LITTLE OF THAT!



**- Submission by Fellowship Member -
HOSPITALS & INSTITUTIONS**



“It was around my fifth year of sobriety when a friend asked if I would join him on an AA panel. He informed me it was at a prison. My first reaction, which I kept to myself, was fear of the location and that I would not know what to say. During my drinking years, I had been incarcerated in city and county jails but did not identify with prison. I accepted his invitation to be a one-time visitor. He had me approved to join him and a few others to attend his panel.

I recall the metal detector and sign-in process being a bit strict. The chat with the others on the way in did put me at ease. Going through the hallway with the sound of heavy doors shutting behind made me a bit nervous at first. Being led by our prison sponsor to the prison yard and watching the inmates doing their outdoor activities looked like a scene from a movie. From there, we went into the chapel. After the inmates filed in, we said the Serenity Prayer. The other panel members shared first. I was taught to just share my own experience. I said a quick prayer for help with what to say. I will not forget the feelings I experienced of being part of a greater purpose. I am not so occupied with myself and have a stronger awareness of God when I do this.

My friend invited me back to this panel, and I later joined Alcoholics Anonymous Hospitals and Institutions. I now have forty years of sobriety and have learned that the feelings of gratitude, peace, and belonging far outweigh the sacrifice required to do this.

I thank God for helping me to find and continue this way of service.”

Patrick K.

For more information, visit www.ochandi.org or email contact@ochandi.org.

For South County, visit www.sochic.club.



Carrying the
Message Into
Correctional
Facilities

F-5 <https://www.aa.org/carrying-message-correctional-facilities>

THE
CORRECTIONAL FACILITIES
A.A. GROUP
HANDBOOK



CF-36 <https://www.aa.org/correctional-facilities-aa-group-handbook>

**It Sure Beats
Sitting In A Cell**

P-33 <https://www.aa.org/it-sure-beats-sitting-cell>

UPCOMING 2024 SOBER EVENTS

(Thurs.) June 13th
Hosted by District 05

**“MSCA09 DELEGATE
REPORT BACK”**

District 5's - BREAKING NEWS -

As part of her
74th GSC "REPORT BACK" tour schedule,
ALEX W., MSA09 Panel 74 Delegate,
is making a stop at District 5!

District 5's Monthly GSR Meeting

DATE

**-Thursday-
June 13th, 2024**

TIME

7:00pm - 8:30pm

Delegate Report Back begins at 7:30pm

IN-PERSON

**19211 Dodge Avenue
No. Tustin/Santa Ana, CA
(Corner of Dodge & Newport)**

ZOOM

Meeting ID: 897 0371 755

Password: 06101935

NEWS ...OUTCOME OF AGENDA ITEMS...OUTCOME OF AGENDA ITEMS...

**74th General
Service
Conference
"REPORT
BACK"**



IG NEWS · BREAKING NEWS · BREAKING NEWS · BREAKING

There'll be food and beverages!

(Sat.) June 29th

Hosted by District 06 Grapevine Committee

“GRAPEVINE WRITER’S WORKSHOP”



GRAPEVINE WRITER’S WORKSHOP

Presented by

District 6 Grapevine Committee

Where: Community United Methodist Church
6652 Heil Ave., Huntington Beach, CA 92647

WHEN: Saturday, June 29th from 1 p.m. - 4 p.m.

Guest Speaker:

Ed L. - Published Grapevine Writer

Bring your Experience, Strength, and Hope!!
Put pen to paper...maybe you'll be published in the
Grapevine Magazine!



Snacks and beverages provided.

The guest speaker, Ed L., is our Past Panel 70 Delegate

**(Fri.-Sun.)
July 4th - 7th**

**“64TH ICYPAA
CONFERENCE -
ERA OF CHANGE”**



THE 64TH ICYPAAUSTIN TEXAS

PRESENTS:

ERA OF CHANGE

JUL * 4 - 7 * 2024

JW MARRIOTT AUSTIN

“UPCOMING SOBER EVENTS”

continued on next page...

UPCOMING SOBER EVENTS - continued

(Fri.-Sun.) July 12th - 14th

Hosted by the General Service Board

“PACIFIC REGIONAL FORUM”

PACIFIC REGIONAL FORUM

July 12-14, 2024



“- this is an experience you must not miss.”
(pg. 89, Alcoholics Anonymous)

Who's invited? All A.A. members including newcomers

Who's coming?

General Service Office Staff

Past Trustees



Area Delegates

General Manager

A.A.W.S. Staff/Board

General Service Board

Grapevine Staff/Board

What's Happening?

- * Presentations
- * Workshops
- * Panels
- * Sharing sessions
- * Fellowship

For more information visit:

www.aa.org/Regional-And-Local-Forums



Westgate Resort & Casino

Phone: (888) 796-3564

Group code: SAAPR4R

Room reservation deadline- 6/20/24

<https://book.passkey.com/go/SAAPR4R>



3000 Paradise Rd, Las Vegas NV 89109

(Fri.- Mon.) Aug. 30th - Sept. 2nd

Hosted by the General Service Board

“40th SOUTH BAY FAMILY ROUNDUP”

40th SOUTH BAY FAMILY ROUNDUP

BE GOOD



TO YOURSELF

LABOR DAY WEEKEND



AUGUST 30 - SEPTEMBER 2, 2024

REGISTER BY MAIL (SEE OTHER SIDE) OR AT
SOUTHBAYROUNDUP.ORG

Location: Sonesta Hotel

300 North Harbor Drive, Redondo Beach, CA 90277

SOUTHBAYROUNDUP.ORG

“2025” EVENTS - PLAN AHEAD!



March 7 - 9, 2025

Hosted by Alaska Area 02

**“PRAASA 2025”
Anchorage, AK**

<https://praasa.org/>

Be sure to check out the “Regional Forum Video”



90TH ANNIVERSARY!!

July 3 - 6, 2025

Vancouver, British Columbia, Canada

“2025 A.A.

International Convention”

<https://www.aa.org/international-convention>

Be sure to check out the “Experience Vancouver” video!



Language of the Heart
Lenguaje del corazón
Le langage du cœur



Language of the Heart
Lenguaje del corazón
Le langage du cœur

My GSR
report is...This is what
my group
conscience is.**- GENERAL SERVICE REPRESENTATIVE (GSR) CORNER -**

GSR

GSR

"WHAT IT MEANS TO BE A GSR"

"...The role of the general service representative, or GSR, is essential to the purpose of general service. Bill W. wrote in Concept I of The Twelve Concepts for World Service: "*The A.A. groups today hold ultimate responsibility and final authority for our world services.*" The role of the GSR is essential to ensuring that groups can fulfill that responsibility. Only when a GSR keeps the group informed and communicates the group conscience can the Conference truly act for A.A. as a whole. This communication is a two-way street, making the GSR responsible not only for bringing forward the group's voice, but for taking back to the group Conference actions that affect the Fellowship's unity, health and growth..."

"MAKING REPORTS"

"GSRs are asked to regularly make reports to their groups to keep them informed about what's going on in A.A. as a whole. In some instances, the GSR may be asked to get the group's feedback on certain topics.

A group may have a customary format or time for when a GSR may give a report. Some groups ask the GSR to give a report during announcements in the regular A.A. meeting. Some prefer the report to be given during business meetings. Some welcome both. Most groups prefer the reports to be shorter rather than longer. A group may also decline to hear reports from a GSR at all..."

Below is one suggestion from a past Montana Area 40 Delegate...

"MAKING REPORTS TO THOSE YOU SERVE"

"When we begin a new job in Alcoholics Anonymous, we need some guidance on fulfilling our tasks. One thing that can be hard for a new GSR is reporting to those you serve in your home group and to those you serve with at the district level. Here are some tips that come from experience, strength and hope from a past GSR.

When giving reports at your group or district, it's probably best to be brief. Things you might present to the district are:

- ☯ Any new group officers or other service position holders.
- ☯ Who your Alt. GSR is.
- ☯ What the average attendance is at group meetings.
- ☯ How your group divides its funds for contributions.
- ☯ Any problems the group may be facing such as having to move, court referrals, dual diagnosis members (alcoholism coupled with a mental illness), non-alcoholic addicts, lack of interest in service, etc.
- ☯ Announce any upcoming events and any group activities.

And, things you might report to your Group include:

- ☯ News of any events or workshops you learned about at the district meeting.
- ☯ New district officers and other service people.
- ☯ Try to report on things that you think the group can relate to or is interested or involved in.
- ☯ If there is an issue coming up that will require your vote, try to explain it as simply, fully, and fairly as possible so that they can arrive at an informed group conscience.

With a bit of practice, you can probably work in a piece of Information that will provoke a question and get the discussion started.

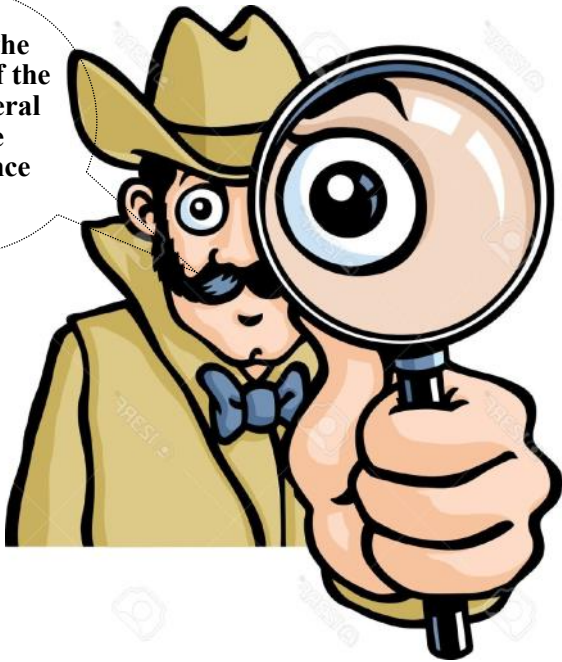
You may not personally agree with your group's conscience but if you have done your job correctly and discussed it enough, you will have no problem in abiding by it; and can rightly feel good about it, too.

Probably the most important thing that you can do as a GSR is to become an informed one. This serves both us personally and A.A. as a whole. The more you know, the more you can share from personal experience and the more credible your voice will become."

Robbie S.
Past Delegate, Area 40

74th GENERAL SERVICE CONFERENCE - QUICK REFERENCE GUIDE

I'll find the outcome of the 74th General Service Conference yet!



74th GENERAL SERVICE CONFERENCE QUICK REFERENCE GUIDE

Failed Recommendations
The committee recommended that to better provide equality in availability and messaging, starting with the July 2024 General Service Board Meeting, that unedited but anonymity-protected minutes, including trustees' committee reports in English, Spanish, and French, be provided to all Conference members within three weeks following quarterly Board Weekends. Minutes should retain the current format and scope.
The committee recommended that a social media policy be developed for all current and future social media channels and requested that a draft be brought back to the 2025 Conference Committee on Public Information.

Floor Actions

| ACTION | VOTES | | | | OUTCOME |
|-------------------------------|-------|-----|----|-------|------------------|
| | TOTAL | YES | NO | ABST. | |
| Motion to Decline to Consider | 129 | 90 | 39 | 86 | Did Not Consider |

Floor Action #1: It was recommended that "A pamphlet for the unhouse person that specifically addresses alcoholism, what A.A. is and is not, who is welcome at A.A. meetings, and includes stories from A.A. members who have experienced homelessness be developed, and a draft or progress report be brought back to the appropriate 2025 Conference committee."
Floor Action #2: It was recommended that "The conference forward floor action #3-5 to the appropriate trustees' or corporate board."
Floor Action #3: It was recommended that "The conference affirm that La Villa continue to be published by the AA Grapevine and supported by the General Service Board as a service to the Fellowship. La Villa continues to be published utilizing AA Grapevine resources in order to achieve efficient production and distribution."
Floor Action #4: It was recommended that "The Grapevine Board develop a plan for a more effective La Villa subscription procedure, fulfillment process and customer service experience, and that a progress report be brought back to the 2025 Conference Committee on Grapevine and La Villa."
Floor Action #5: It was recommended that "The conference affirm that the AA Grapevine continue to be published by the AA Grapevine and supported by the General Service Board as a service to the Fellowship. La Villa continues to be published utilizing AA Grapevine resources in order to achieve efficient production and distribution."
Floor Action #6: It was recommended that "The Grapevine Board develop a plan for a more effective La Villa subscription procedure, fulfillment process and customer service experience, and that a progress report be brought back to the 2025 Conference Committee on Grapevine and La Villa."
Floor Action #7: It was recommended that "All non-offensive PAF's submitted for consideration of the 72nd, 73rd and 74th General Service Conferences regarding the change made to the AA Preamble by the 71st General Service Conference be grouped as one item and forwarded to the appropriate 75th General Service Conference committee with the following suggestions: given the importance and interest of this issue, consider forwarding the item to the general service areas for wider discussion, looking toward a fair and reasonable solution to the division within the Fellowship by the use of different copyrighted Preambles."
Floor Action #8: It was recommended that "The additional feedback from the Conference Committee on Literature identified in their memo to the Publishing Department on sticking points for the Plain Language draft manuscript be implemented in the draft before printing."
Floor Action #9: It was recommended that "Whenever any changes are brought to the Conference floor to the Founders' writings, considered by this motion to be:
1. The book Alcoholics Anonymous – specifically, the first 164 pages, the chapter "The Doctor's Opinion," forewords to the first and second editions, the Appendices on Spiritual Awakening and the Traditions, and Dr. Bob's Nightmare
2. The book Twelve Steps and Twelve Traditions
and the Conference must achieve a supermajority of 75% in order for the General Service Board to act upon it. However, the General Service Board shall not immediately act upon the Conference's directions, and instead, shall request all Area Delegates to conduct further discussions in their respective Areas. Area delegates' report backs will be conducted the second following General Service Conference at which the Conference may amend or change the previously approved change to the Founders' writings described above. For final action by the General Service Board, the Conference must achieve substantial unanimity."
Floor Action #10: It was recommended that "The AA Grapevine Board develop a 5-year financial plan for the Grapevine with the goal to reduce shortfalls and increase revenue to be brought back to 2025 Conference Committee on Grapevine and La Villa."
Floor Action #11: It was recommended that "Reaffirming the 1975 Advisory Action that delegate in reports to their areas place more emphasis on group support. Delegates should emphasize to the greatest the affect that inflation has had on the contribution dollar and the necessity for adjusting contributions accordingly to support services provided by the General Service Board."
Floor Action #12: It was recommended that "Delegates who require translation be provided with all documents, materials, reports, communications, etc. in their native language, with all necessary information to be able to fulfill their role as trusted servants, bearing in mind the traditional right of participation."
Floor Action #13: It was recommended that "In the flyer "A.A. At a Glance" – in the last paragraph on page one under the heading "Who can attend A.A. meetings?" that the last sentence "Closed discussion meetings are for alcoholics only" be changed to "Attendance at a "closed" meeting is limited to A.A. members and persons who have a desire to stop drinking."
Floor Action #14: It was recommended that "The explanations of the Steps, Traditions, and Concepts be removed from the Plain Language Big Book. Submitted on April 19, 2024 by Jimmy Welch Fowel 74, A&S Tennessee, Delegate."
Floor Action #15: It was recommended that "Retitle the Plain Language Big Book to: "The Plain Language Guide to A.A.'s 12 Steps of Recovery.""

Floor Actions (continued)

| ACTION | VOTES | | | | OUTCOME |
|-------------------------------|-------|-----|----|-------|------------------|
| | TOTAL | YES | NO | ABST. | |
| Motion to Decline to Consider | 126 | 119 | 7 | 84 | Did Not Consider |

Original Recommendation: 125 - 309 - 20 - 84 - Forwarded

Floor Actions (continued)

| ACTION | VOTES | | | | OUTCOME |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------|-----|----|-------|--------------------------------------|
| | TOTAL | YES | NO | ABST. | |
| Motion to Decline to Consider | 124 | 53 | 71 | 83 | Motion failed so we heard the motion |
| Amendment: Change original recommendation to read as follows: "PA's approved by at least one area requesting censure and reorganization have no submission deadline and be forwarded directly to the Conference Committee on Trustees." | 119 | 69 | 50 | 80 | Motion Failed |
| Original Recommendation | 127 | 40 | 87 | 85 | Motion Failed |

Floor Action #3: It was recommended that "A pamphlet on the Asian and Asian-American alcoholic in A.A. be developed."

Floor Actions

| ACTION | VOTES | | | | OUTCOME |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------|-------|-----|----|-------|--------------------------------------|
| | TOTAL | YES | NO | ABST. | |
| Motion to Decline to Consider | 129 | 69 | 60 | 86 | Motion failed so we heard the motion |
| 1st Vote on Original Recommendation | 129 | 79 | 50 | 86 | Motion Failed |
| Vote on Motion to Reconsider | 124 | 84 | 40 | 8 | Motion Passed |
| Amendment: Change original recommendation to read as follows: "A pamphlet on the Asian and Asian-American and Pacific Islander alcoholic in A.A. be developed." | 126 | 42 | 84 | 84 | Motion Failed |
| Motion to Recommit | 130 | 51 | 79 | 87 | Motion Failed |
| 2nd Vote on Original Recommendation | 126 | 99 | 27 | 84 | Motion Passed |

74th GENERAL SERVICE CONFERENCE QUICK REFERENCE GUIDE

Advisory Actions

CORRECTIONS

- Updated Singleness of Purpose text to replace the existing paragraph in the pamphlet "A Message to Corrections Professionals."
- The committee recommended that the video "Carrying the Message Behind the Walls" be discontinued.
- The committee recommended that a pamphlet on the transgender alcoholic in A.A. be developed. The committee requested that a draft pamphlet or progress report be brought back to the 2025 Conference Committee on Corrections.

TRUSTEES

- The committee recommended that the following slate of trustees of the General Service Board be elected at the annual meeting of the members of the General Service Board on April 20, 2024, following presentation at the 2024 General Service Conference for disapproval if any.
- Approved the proposed slate of trustees for 2024.
- Approved the proposed slate of officers of the GSB for 2024.
- Approved the proposed slate of the A.A.W.S., Inc. board for 2024
- Approved the proposed slate of the Grapevine, Inc. board for 2024

GRAPEVINE/LA VILLA

- The committee recommended that the AA Grapevine Board develop a 5-year financial plan for La Villa with the goal to reduce shortfalls and increase revenue to be brought back to the 2025 Conference Committee on Grapevine and La Villa.

FINANCE

- The committee recommended that a change to the language in the pamphlet "Self-Support: Where Money and Spirituality Mix" be implemented.
- The committee recommended that the maximum annual contribution from an individual A.A. member to the General Service Board be increased from \$5,000 to \$7,500.

TREATMENT AND ACCESSIBILITIES

- The committee recommended that the draft pamphlet "Bridging the Gap" (P-49) be approved with minor editorial revisions.
- The committee recommended that the flyer "Where Do I Go from Here?" (F-4) be updated with current inclusive language and information on how to find A.A. both in person and online. The committee requested that a progress report or draft flyer be brought back to the 2025 Conference Committee on Treatment and Accessibilities.

LITERATURE

- The committee recommended that the pamphlets "It Happened to Alice" (P-39) and "What Happened to Joe" (P-38) be retired.
- The committee approved the draft of the revised pamphlet "A.A. for the Black and African American Alcoholic" (entitled "Black in A.A.: Experience, Strength and Hope") be approved with minor editorial changes.
- The committee recommended that the draft manuscript "Plain Language Big Book: A Tool for Reading Alcoholics Anonymous" (the proposed title - see Floor Action #15 for possible new title) be approved with minor editorial changes to include:
 - Relocation of the "A.A. Steps Table" to constitute an Appendix (on the Twelve Steps) at the back of the new publication.
 - Replace the references to "addiction" and "addicted" with language related to alcoholism."
 - FINAL VOTE: 128 Votes (2/3-86) Yes-91 No-38 Passed
- The committee recommended permanently substituting the "Too Young?" video adaptation project.
- The committee recommended that the word "dosation" be utilized in "The Twelve Concepts Illustrated" pamphlet to state that A.A. does not accept donations from outside entities, and that the word "contributions" be utilized when referring to Seventh Tradition contributions from A.A. members, in AAWS literature as it comes up for reprint.

AGENDA

- The committee recommended the following theme for the 2025 General Service Conference: "Working Together, Increasing Trust"
- The committee recommended the following presentation theme and topics for the 2025 General Service Conference:
 - "Delegating: It Is Okay to Ask for Help."
 - "Bridging the Gap: How Do We Make the Voice of Every Group Count?"
 - "Our Financial Responsibility in Carrying the Message."
- The committee recommended the workshop topic for the 75th GSC be: "How do we address the new financial reality facing our spiritual movement?"

AGENDA (continued)

- The committee recommended that the General Service Conference Inventory Plan be approved and that an inventory summary (not to exceed eight pages), be included in the 2025 Final Conference Report.
- The committee recommended that a comprehensive summary of the 2025 General Service Conference Inventory be developed and distributed as an electronic version only.

REPORT AND CHARTER

- The A.A. Service Manual, 2024-2026 Edition: The committee recommended that the section "The Typical Area Assembly" in the Area Assembly and its Activities chapter of The A.A. Service Manual be amended to add a text reference in addition to the color reference in order to address readability for members that are color blind. The committee recommended that in the draft section "Board's Custodial Oversight" in the "The Board's Operating Corporations" chapter of The A.A. Service Manual be amended.
- The committee recommended that in the section "Board's Custodial Oversight" in the "The Board's Operating Corporations" chapter of The A.A. Service Manual be amended.
- The committee recommended that the order of the chapters in The A.A. Service Manual be amended to:
 - Chapter 8: The General Service Board
 - Chapter 9: The Board's Operating Corporations Chapter 10: A.A. World Services, Inc.
 - Chapter 11: AA Grapevine, Inc. Chapter 12: The General Service Office
- The committee recommended that in Article 9, "The General Service Conference Meetings," a footnote be added to the Current Conference Charter with the following text: "In 2023 an Advisory Action was passed by the General Service Conference outlining a process for polling the General Service Conference body between annual meetings using virtual technology."
- The committee reviewed the current format for reporting on simple majority items in the Conference Final Report. The committee recommended that the items that receive simple majority be included in the Final Conference Report under the heading "Recommendations that achieved Simple Majority - These items did not receive the two-thirds majority required to pass as a Conference Advisory Action."

PUBLIC INFORMATION

- The committee recommended that the 30 English language version of the Public Service Announcement (PSA) "Since Getting Sober I Have Hope" be discontinued.
- The committee recommended that the 60 English language version of the Public Service Announcement (PSA) "Since Getting Sober I Have Hope" be discontinued.
- The committee recommended that the radio Public Service Announcement (PSA) "We Know How You Feel" 15 English language version be discontinued.
- The committee recommended that two Public Service Announcements be distributed on broadcast media, tracked and evaluated at a cost of \$17,000 which would be in addition to the \$48,000 that is planned to be spent to track the Value of Donated Airtime on PSA in 2024 per the audit requirement. The total expenditure should not exceed \$65,000.
- The committee recommended that the 18 interviews recorded to date as part of the Young People's video project be approved.
- The committee recommended that the revised draft of the flyer "A.A. at a Glance" (F-1) be approved with minor edits.
- The committee recommended that the revised pamphlet "Speaking at Meetings Outside of A.A." (P-40) be approved.
- The committee recommended that the flyer "A Message to Teenagers" be retired.

POLICY/ADMISSIONS

- The committee recommended that the Equitable Distribution of Workload (EDW) process be adopted and implemented.
- The committee recommended that the Proposed Agenda Item (PAI) submission date deadline for the 2025 General Service Conference be moved to a date no earlier than September 30, 2024.

INTERNATIONAL CONVENTIONS/REGIONAL FORUMS

- The committee recommended that an anonymity-protected photograph of the flag ceremony be taken at the 2025 International Convention.
- The committee recommended that an encrypted, delayed anonymity-protected internet videos of the 2025 International Convention Opening Flag Ceremony be approved and that the video be placed on appropriate communication channels.
- The committee recommended providing five options for closing the Big Meetings at an International Convention: the Serenity Prayer, Responsibility Statement, Declaration of Unity, Third Step Prayer, a Moment of Silence or the Seventh Step Prayer.
- The committee recommended that anonymity-protected video footage with highlights of the 2025 IC be produced for maintaining archival footage.
- The committee recommended that a delayed, anonymity protected, digital access stand-alone product offering of the three Big Meetings be created.

Would you like to know what the outcome of the 74th General Service Conference's agenda items were, but can't read the "74th General Service Conference – Quick Reference Guide" on this page, but you would like to?

Here's where you can find it!
District 5 Website:
<https://district5msca09.com>
MSCA09 Delegate's Webpage:
<https://msca09aa.org/delegate-page/gsc2024-confidential-resources/>



! DELEGATE ! ! DELEGATE ! ! DELEGATE !

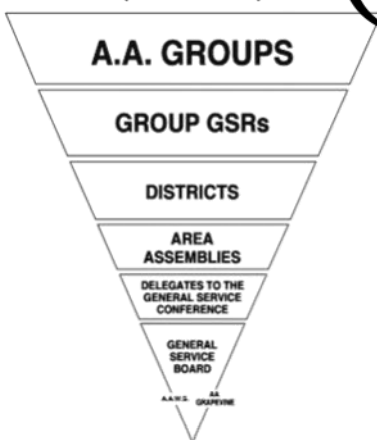
MEETING GROUPS WHOSE GSRs ATTENDED AT LEAST ONE “DISTRICT 5 MEETING” IN THE “1ST QUARTER” OF “2024”

| MEETING GROUP | GROUP # | GSR | ALTERNATE GSR |
|-----------------------------------------|---------|--------------|---------------|
| 12:00 P.M. Step Study Group | 606997 | Angelique Y. | |
| 777 Newcomers Mens Stag Group | 649516 | Loren V. | |
| Chapman & Lewis AA Group | 722230 | Glenda R. | |
| Copy Cats | N/A | Arrielle T. | |
| Early Birds | 126119 | Cole H. | |
| Forever Non-Professional | 725120 | Eric S. | |
| Hart Park Newcomers Group | 649516 | Matt D. | |
| It's In the Book | 700349 | Gloria Z. | |
| Keep It Simple Group | 126635 | Paty R.O. | |
| Ladies Night Book Study | 718618 | Lien L-G. | |
| Monday Night Mens B.Y.O.B. | 686410 | Tyson H. | Joey C. |
| Name in the Hat Group | 722902 | Ryan P. | |
| Quality Serenity | ? | Kyle B. | |
| Saturday Night Visiting Speakers Mtg. | 100561 | Joey P. | |
| Sunday Morning B/B Study Group (F/Club) | 146970 | Jadwiga H. | Steve H. |
| Sunday Night Speakers of Orange | 125583 | Kris H. | |
| (The) Other 12 & 12 Group | 655929 | Lili W. | Chris W. |
| Tuesday Night Mens Stag Group | 128302 | Matt F. | |
| Tustin (6AM) Attitude Modification | 130429 | Scott P. | |
| Tustin Acceptance Meeting | 696177 | Curt B. | |
| Tustin Big Book Study | 678232 | Jim L. | |
| Tustin Rush Hour | 168129 | John R. | |
| We Got A Coffee Pot | 725707 | Will G. | |
| Wed Nite Womens Solutions Grp | 179495 | Lana W. | |

Does your meeting group have a GSR? If not...why not?

UPSIDE DOWN TRIANGLE

STRUCTURE OF THE CONFERENCE
(U.S. and Canada)



Principles before Personalities...



“By choosing its most qualified member as G.S.R., a group helps secure its own future—and the future of A.A. as a whole.”

General Service Representative Pamphlet P-19.

Reprinted with permission from AA World Services, Inc.



In keeping with our 7th Tradition.....

2024 - 1ST QUARTER

(Jan. 1 thru Apr. 30, 2024)

Meeting Group Contributions to District 5



| GROUP NAME | CITY | JAN | FEB | MAR | GROUP TOTAL 2024 - 1ST QUARTER |
|-----------------------------------------------------------------|------------|------------------|------------------|------------------|-----------------------------------|
| 6 A.M. Foothill Early Risers | Tustin | \$ 17.66 | \$ - | \$ - | \$ 17.66 |
| 9:02 Speakers Meeting | Villa Park | \$ - | \$ 20.00 | \$ - | \$ 20.00 |
| Alkies Winners Circle Group | Tustin | \$ - | \$ - | \$ 18.00 | \$ 18.00 |
| Early Birds Group | Orange | \$ - | \$ 113.00 | \$ - | \$ 113.00 |
| Friday Morning Men's Coffee | Tustin | \$ 6.10 | \$ - | \$ - | \$ 6.10 |
| Keep It Simple Group | Orange | \$ 6.50 | \$ - | \$ 25.00 | \$ 31.50 |
| Quality Serenity | Orange F/C | \$ - | \$ 20.00 | \$ - | \$ 20.00 |
| Serenity Sunrise / Sunrise Serenity (aka 24 Hour Book Group) | Villa Park | \$ 100.91 | \$ - | \$ - | \$ 100.91 |
| Sober & Crazy Speaker Meeting | Orange | \$ 5.00 | \$ - | \$ - | \$ 5.00 |
| Spiritual Experience Group | Tustin | \$ - | \$ - | \$ 60.00 | \$ 60.00 |
| Sunday Morning B/B Study Group | Orange | \$ - | \$ 14.00 | \$ - | \$ 14.00 |
| The Name in the Hat | Orange | \$ - | \$ - | \$ 15.00 | \$ 15.00 |
| Tustin Acceptance Group | Tustin | \$ 26.00 | \$ - | \$ 31.80 | \$ 57.80 |
| Tustin Attitude Modification Group | Tustin | \$ 60.00 | \$ - | \$ 72.00 | \$ 132.00 |
| Tustin Rush Hour Group | Santa Ana | \$ - | \$ - | \$ 50.00 | \$ 50.00 |
| Two or More Group | Santa Ana | \$ 21.00 | \$ - | \$ - | \$ 21.00 |
| Wed Nite Womens Solutions Grp | Tustin | \$ 12.00 | \$ - | \$ - | \$ 12.00 |
| Womens Step Study Group | Tustin | \$ 10.00 | \$ - | \$ - | \$ 10.00 |
| TOTAL | | \$ 265.17 | \$ 167.00 | \$ 271.80 | \$ 703.97 |


If your meeting group, or you as an individual, would like to make a 7th Tradition contribution to District 5, here are the choices:

- CHECK—CASH—MONEY ORDER** (Please be sure money order can be 'mobile deposited'.)
 Mail To: District 5, P.O. Box 3374, Tustin, CA 92781-3374
 Hand Carry: District 5 Monthly Meeting (We'd love to see you!!)
- ZELLE INFO:** district5treasurer@district5msca09.com



When making contributions to District 5, please notate your meeting group name and GSO #. If number is not known, please notate the day and time of meeting.



 CONTRIBUTION TO:
District 5 - P.O. Box 3374, Tustin, CA 92781-3374

Please Print

GROUP #: _____

GROUP NAME: _____

RECEIPT TO BE SENT TO:

NAME: _____

MAILING ADDRESS: _____

"or" EMAIL ADDRESS: _____