District 5

Monthly General Service Meeting MINUTES of March 14th, 2024

Church of the Foothills

19211 Dodge Ave. Santa Ana, CA 92705

https://District5msca09.com

Zoom Info: https://zoom.us/j/8970371755?pwd=WFdCdWFBVytCNzVpckROU2h6N0xKQT09 PASSWORD: 06101935

Opening

Hybrid Meeting called to order by Vicki R., DCMC at 7:02 p.m. with the Serenity Prayer.

GSR Preamble read by: Greg A.

District 5 Statement of Purpose read by: Mitchell B.

Rules read by: Vicki R.

Introduction of new GSRs and Alt-GSRs: N/A

Tradition 3: Loren V.

Volunteer for Tradition 4: Jim L.

Concept 3: Matt D.

Volunteer for Concept 4: ?

Introductions of all in attendance – GSRs, District Officers and Visitors: Visitors;

Total Attendance: 22 Total (19 In-Person / 3 on Virtual)

Celebrate Birthdays - March: No birthdays

OFFICER REPORTS:

- **DCMC** (Vicki R.): Hi, my name is Vicki R., your District 5 alcoholic DCMC. Knowing we have a lot to accomplish tonight, I'll do my best to keep my report as brief as possible. On that note... Since our February 8th meeting, I have once again sent and/or forwarded you various emails containing information or links to information to keep you advised and updated. Hopefully, you took the opportunity to read them. Especially those pertaining to our 74th General Service Conference Agenda Items due to that being the subject of our "Program" tonight. As one of our Area 09 volunteers for providing summaries of the "Literature Agenda Items", I'm happy and relieved to report that it was completed by the date our Delegate requested it be. However, most of the credit goes to my committee team member, Ed L., our past Panel 70 Delegate. I attended the following events:
 - Feb. 11th (In-Person): Area 09's ASC in Long Beach where I participated in the "Panel 74 Area Committees Orientation" session.
 - Feb. 15th (Virtually): Area 09's "Service Study and Committee Sharing" session. This monthly service study was on Traditions 4 through 6. The presenters of the Traditions were: Tradition 4, Julie S. (Area 24 Panel 73 Delegate); Tradition 5, Kade (Area 18 Panel 74 Delegate); and Tradition 6, David R. (Area 69, Panel 73 Delegate).
 - Feb. 20th (Virtually): The "4 Area Plain Language Big Book Information Session", hosted by Areas 05, 08, 09 and 93, all located in California. There were approximately 260 attendees. A lot of great information was provided, along with many questions being answered. Unfortunately, neither video nor audio recording of it was permitted. Otherwise, I'd love to share it with you.
 - Feb. 28th (Virtually): Area 09 Delegate's "GSR Information Review Session" regarding the summaries, background information, and access information to the 74 th GSC Agenda Items.
 - Mar. 1st through the 3rd (In-Person): PRAASA in San Francisco hosted by Area 06 (California Northern Coastal). Once again, it was such a great 'service' learning event, rain and all! I am so grateful to you, District 5 members, for

- allowing me the opportunity to go. I will be giving you my PRAASA report during our April 11th meeting, along with having flash drive recordings of it for those that are interested in having one.
- Mar. 6th (Virtually): Area 09 Delegate's "Review Agenda Items per Committee" session. During this session, updates regarding Agenda Items, the 'feedback' submittal of them, etc., was provided. Along with questions being answered by those who had any.
- Mar. 10th (Virtually): Area 09's ASC in Palm Springs. The following is a 'brief recap': I participated in the "Mock Conference Committee Assignments" breakout / roundtable meeting. This was a pre-mock conference assembly program. Basically, it was a 'test run' for the actual mock pre-conference assembly being held on April 7th to give all an idea what will be happening during that assembly. Of the various pre-determined GSC Agenda Items' breakout / roundtables, I was assigned to "Agenda/Public Information/International Convention/Regional Forums". For the April 7th assembly, I (as the D5 DCMC) have been pre-assigned (meaning...DCMCs don't have a 'voice' in the matter nor the choice. LOL!) to the "Archives/ Report & Chair, I have also been assigned to the "Literature" roundtable / breakout room. Due to not being able to be in two places at one time, Area 09 has advised us that for those DCMCs who also hold an Area 09 Committee Chair position that either our district's alt-delegate or another officer will need to be in the DCMC's assigned roundtable / breakout room to represent D5. D5's representative will be determined prior to April 7th.
 - o Ramon R. was confirmed as Area 09 Secretary.
 - o Don R. was confirmed as Area 09's Guidelines and Policy (GAP) Committee Chair.
 - o Motions A-C: Discussed followed by simple majority vote and approved by simple majority vote to move the motions forward to the May ASA for final vote / determination.
 - Motion A (Holding Area Service Committee / ASC meetings within the 4 corners of MSCA 09, and Area Service Assemblies / ASA meetings in one of two central locations.)
 - O Motion B (Area 09 paying 100% of the costs associated with sending Delegate to the 2024 GSC.)
 - Motion C (2024 Revised Treatment Committee Guidelines)
- Mar. 11th (Virtually): Attended and chaired the District 5 Steering Committee meeting. The other 4 attendees were: Arrielle T., D5 Alt-Delegate; Ryan P., D5 Secretary; Matt D., D5 Convention Liaison & DCM-S. Tustin; and Mitchell B., D5 Archives Chair & DCM-Mens Groups.

That is my report for now. Thank you for allowing me to be of service, and still sober because of it. Vicki R., DCMC - District 5 Panel 74

- Alternate DCMC (Arrielle T.): No Report (Absent)
- Treasurer (Greg A.):

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o Beg. Balance:	\$ 3	3,440.66
o Total Contributions:	\$	167.00
o Reimbursement	\$	-
o Total Expenses:	\$	371.88
o End. Balance with Prudent Reserve:	\$ 3	3,235.78
o End. Balance without \$1,500.00 Prudent Reserve:	\$ 1	,735.78

- **Registrar (Kyle B.):** I'm Kyle and I'm an alcoholic. I didn't attend a bunch of meetings but I'm here. So, we had 7 people online when I did the attendance, we had nine GSR's, we have four officers in attendance, six standing committee members, two alternates and two visitors for total of 30 people in attendance. Do we have any new GSRs that didn't do the GSR school? Great, thank you.
- Secretary (Ryan P.): My name's Ryan and I'm an alcoholic. I am your secretary, and I am grateful to be here and grateful to be sober today. So, my apologies. I spaced it, I'm an airhead. I sent out the minutes earlier today via online. Probably check your email. It's there, I sent it, trust me. Basically, I printed out physical copies and a couple other documents as well. Is there anything in the minutes we need to adjust? Any corrections? Did anyone read through it all? I'd be surprised if anyone did.. No? Alright, I'll ask for a motion to approve the minutes as is? Motion by Chris D. and a second by Loren V. Minutes passed. Thank you everyone.

COMMITTEE REPORTS:

• Archives (Mitchell B.): Mitchell alcoholic. Archives Chair. I apologize, last month I had a business event and was traveling and wasn't able to attend. I did have some forms that are on the table as well. If your group's history has not been collected or if you don't remember the last time. Perhaps your group has a group history, I would recommend taking it to your group and passing it around. Some of the questions you can answer and fill in what you can. 'What is the name

of the group?' 'Where do you meet now?' 'Where have you met in the past?' 'Do you remember when it was formed?' Part of it is we will try to figure out when that date is. We have General Service office dates when the group was registered but that's not necessarily the date when it first started. The number of members now and maybe the number of members when it first started. If you can remember some of the early members and it can be anonymity protected, it's an interesting way of jumpstarting the ideas of telling us about the first meeting and what kind of meeting it was. Does your meeting have anything in particular to it? Like a tea tradition. So, a few meetings I go to, the name is interesting. you know how did that name get started? We're used to say a phrase, and that phrase because of something that the group uses. You know, the 777 men have cut mugs when they get their. Friday, that's an interesting small tea tradition. Those sort of things are cool. If there's any other group histories you do, there's special meetings, you go to outside groups. If you have events that you that tend to go ahead and prepare this, if it doesn't fit on the page, you can use additional pages. Bring it back. The reason for that is Area 9 Archives would like to create a history of the area. We are working now on a version for the Spanish groups because we have more material for them. We're still working on the English troops and frankly we just, we don't have a lot of District 5 would be a place to start with. So grab some copies, even if you've done some before, just fill in the details that you have and we'll build from that. Thank you for your service.

- Grapevine (Chris D.): Hi everybody, Chris alcoholic. I am your Grapevine rep for GSR. Does everybody know what this is? You don't. Right? Because it's anonymous, right? This is what your hard copies of Grapevine will come in like. Nobody will know you're an alcoholic when you're receiving your Grapevine, right? Because we're anonymous. Just kidding. So, some news about Grapevine. We have price increases going up for the first time in 12 years. The cost of printing and paper has gone up as well as everything else. The price is going to go from \$28.97 to \$49.97. No, excuse me, \$28.97 to \$36 dollars. However, if you want to bundle the digital and hard copy, you can take it wherever you want to go, that would be \$49.97 for a year. If you guys are already grandfathered in if you bought a subscription in January or December, you're \$28.97 price will cover your whole year. Lots of changes are coming up. If you bundle, you have full access to the website, the digital copy, and they are really getting going on their YouTube channel. There's a lot of great podcasts. I've had an opportunity to listen to them in the car. We spend a lot of time driving and sometimes some of those podcasts are good. Also, if any of us are interested in submitting a story for upcoming issues. They're always looking for stories and I have information of where you could submit those for upcoming Grapevine issues. I read that they are looking for anybody who's participated in CPC, which is Cooperation with the Professional Community. Like doctors, lawyers, therapists. Getting their fields educated in the AA community and carrying our message of Alcoholics Anonymous. Grapevine and La Vina are available on audio, and I ordered some cool stuff on their website today. A couple of their books and military books or people in military, really good prices. I think the book was like \$11.50 and I ordered some signs that are good, you guys. So, give it a chance and see what they have to offer and keep our Alcoholics Anonymous awareness going. Thank you.
- **Public Information (Open):** No report.
- Convention Liaison (Matt D.): I'm an alcoholic, my name's Matt. The OCAA convention is coming up March 29th, 30th, 31st and you can go online and register at OCAAC.org. You can also take this beautiful flyer with a bunch of stuff on the back of it that my lovely assistant Lauren gave me, and we'll have an Area 09 table and last month I passed out a sheet for people who wanted to volunteer to man the table. While those of us who are going to be manning the table most of the time are off doing something and we don't really have a schedule for that yet. But we'll get, it'll probably be, you know, more at spur of the moment type stuff like 'hey you volunteered, get over here'. So, I'm going to pass around another sheet if you didn't sign up last month or you're not. If you remember if you did or not, then go ahead and just put your info on there, please for me and then we'll talk sometime between now and March 29th, if not on March 29th. And then as I said before, I don't think last month I mentioned the actual date, but it's July 4th weekend in Vancouver, Canada. Is the international AA convention. So, check it out and if you're worried that you can't travel out of the country because of your previous criminal record, there are ways and suggestions of how to do that and that's there's going to be a zoom thing coming up in a couple months for people who are interested in the best way to get over the border, legally, stay tuned for that. But the first of July 2025 is Save the Date. That's right, that's the phrase I was looking for. Thank you.
- **H&I Liaison (Lana W.):** Hi, Lana alcoholic. Sorry I wasn't here last month. My brother-in-law found out he has cirrhosis of the liver, so I've been with him and helping my sister's family. So, what I do have from each night to report to all of you is anyone does panels or knows people going into panels or at your meetings. I guess there's a problem both with institutions and rehabs that people going on the panels are vaping during the meeting, which is triggering the clients and so on, people are cursing, and it's not being appreciated by 5 people and people are coming under the influence, which I thought that was crazy. If we could try and remember to behave ourselves when we're trying to spread the word of AA and you welcome back. Not saying anyone here has done all those things, but it's been discussed and it's just a friendly reminder about panels coming up to maybe spread the word to behave ourselves. I always, at my work, have a pep talk with everybody outside of the facility before they come in because I worked at a mental facility, and they got triggered easily. So, you can always have a pep talk outside before entering. That's a good way of doing things. Central office needs volunteers. I know that that doesn't really have anything to do with H&I, but it's come to us, so I'm just

bringing the board back to everybody that we need volunteers at central office. The directories are available, so everybody knows that now. They're \$2.00 a piece. That's very important for H&I because people in the prison system can't necessarily pull up their app and find a meeting. So that's why there's a paper version. I know some people are like, why are you doing that? That's unnecessary, but it's helpful for those who don't have access to computers. As of right now, H&I is trying to spread panels into more schools and nursing schools. I guess once they do become nurses maybe they can talk to their patients and spread the word too. "Hey, you know, recovery, AA, maybe you should check it out" and reach the kiddos in high school when most people start being naughty. At the H&I board meeting with all the board members, they've discussed trying to attract and retain members for H&I and how to make H&I smoother of a process and they're asking for suggestions. So, I know that a lot of people have come up to me personally saying, "How do I get meetings into my facility?" and I think that's something H&I needs to work on. Well, okay, we know who you are. How do we contact you basically? If you have any suggestions, please let me know. And that is all I have to report. Any questions or suggestions about how H&I can be smoother and attract more people and retain more members? Because we're getting a lot more panels as I've mentioned a few times. Anyone? No, you know where I'm at. OK? Thank you.

- Accessibilities (Open): No report.
- C.P.C. (Open): No report.
- Intergroup Liaison (Loren V.): My name's Loren and I'm an alcoholic. I apologize for my tardiness. I was helping an expectant mother with automobile issues. So, I am your intergroup liaison. I attended last night. I have a couple of lifelines and then there's the MSCA09 Pre-Conference Assembly connecting with love, unity and service. So, most of these are online. But they're all about the MSCA Pre-Conference Assembly, all the prep work to handout if you guys are interested in that. As far as Intergroup is concerned, we went over some things. Donations and money are down a little bit this year. It wasn't any drastic amount, but it was down a little bit. Central office, they are planning a potluck for April 1st. I believe that it is still in the planning stages. When I get more information, I'll bring that and then also Central Office, as always, is looking for volunteers, as Lana said. I had multiple things I believe they want volunteers for threehour blocks for taking calls, but I believe they also have old literature that I think is a little bit out of date, but they want to basically review and get those two sober livings and houses like that. So instead of throwing it away and wasting it, we can get into places where people can use it and I think they need people that can get to those places. What else do we have? I guess in Intergroup Group they're looking for volunteers for public information as well. So, I guess I'm doing that here, but they're looking for it there. On Saint Patties Day at the Norma Herzog Center, 4 to 7 PM March 17th, which is Saint Patty's Day, they are going to be having the event. There's gonna be speakers, food, potlucks, possibly drawings. So, I believe I can draw that up if you guys are interested. Now I can pull that up on my phone. See here. Lifeline is cool. I think that's a note to myself. The new business that we were told to bring to our groups was that it looks like Central Office is wanting to know and get a vote on, first of all, limited information. But would you be interested in central office selling 30, 60, 90, 6 months and 9 months in aluminum chips? We were supposed to bring that to our group and that is all I have. Thank you.
- Newsletter (Open): No report.
- Website: (Vicki R.) I am constantly updating our website, so be sure to check it out frequently for any new information. Thank you for allowing me to be of service.
- **GSR School (Kyle B.):** Kyle, still alcoholic. Tonight, we didn't have any new GSRs. We did have one visitor which I spoke with about what GSR is a little bit, so hopefully they keep coming back to become a GSR.
- Literature (Steve C.): Good evening. I'm Steve. Your literature representative. Here we have some literature. I have a question for our district for every member here, that question is; are the DCM's able to take the literature to their meetings? What is the literature exactly for? (Vicki R.) 'The literature, are you talking GSR and DCMs? Yes, GSRs may take some of that literature. It is free. So, take it back to your groups if you see any certain pamphlet. If you see a pamphlet that we don't have but you would like to have one, let us know. Steve is our literature person and will go to central office and pick it up. But they are free for the taking. So please.' (Steve C) So, we don't actually supply the meetings with literature? Is that what we're doing? (Vicki R.) No, this is for our GSR members to take back to their meetings. (Steve C.) I'm going to be getting more of the 12 Steps and 12 Concepts flyers so that our GSRs can use those to make presentations up here. Also, probably at least pick up a dozen new meeting directories as well. Make the presentations easier.
- Cooperation with Professional Community / CPC (Open): No report
- Technology (Ryan P.): My name is Ryan. I'm an alcoholic. Everything works good? Perfect. I don't know what I'm supposed to do here. If you guys have been to an ASA or an ASC, at those meetings, they'll typically have like a video cam for the speaker and then they'll have the video that, basically, goes over the whole crowd. So, we're going to initially implement that idea. We're going to have a tripod in the back. We're also going to implement everybody being on the Zoom feed so that way they can put a face to the voice. They say, "Oh, that's who's there" and kind of give them a little more encouragement so that they see the room is full. That's all I have. Thanks.

DCM – Sub District Reports

- **DCM East Orange (Steve C.):** Hey, I'm Steve. District Committee member for East Orange and I attended a meeting on Tuesday night at 7:00 PM at the First Christian Church in Orange on Walnut. They need some support right now. There are probably about six or seven members, currently. They said we would get a GSR, but we just don't have enough people attending our meeting. So, I said, hey, no worries, I'm going to go to District 5 and encourage our GSRs there to report back to their meetings that the Tuesday night Discussion Group of Tustin, in Orange, needs some support and we'd like to see you there. It's kind of become a regular meeting for me. It's a mixed, closed meeting. So that's my report and thanks for letting me be of service.
- **DCM West Orange (Open):** No report.
- DCM Santa Ana Alano (Open): No report.
- DCM Santa Ana (Open): No report.
- **DCM Women's Groups (Chris D.):** Hi, good evening everybody. Chris, alcoholic. I was able to pick up one more meeting to get covered as GSR Rep, which is the Women's 12X12 Monday Night book study, here, so I'll get myself on the correct directory with that. I have not had a chance to get out there and attend other meetings. I've had another health set back, but everything's gonna be just fine with that. Just a couple upcoming surgeries. Umm. So, I will continue to strive to pick up more meetings and keep you guys all in the loop. On If any of you women in our GSR area that are looking for some good women's meetings, please get in touch with me and I'm happy to share some links with you. Thank you.
- **DCM Men's Groups (Mitchell B.)**: Mitchell, DCM for Men's Groups. I have made a list of the men's groups in District 5. I've contacted five of them over the last week or so. Some of them are inactive, so I'm working through that list. Hopefully more for next month. Some of us are reaching out for the agenda items. It's also to let them know that the conference is coming up and then we'll be giving reports after the conference.
- **DCM North Tustin (Tyson H.):** No report.
- DCM South Tustin (Matt D.): I'm an alcoholic, again my name is Matt, and I went to a couple of meetings I hadn't been to before in South Tustin and one of them did not have a GSR. So, I talked to them a little bit, to the whole group about a good reason to have one and left my contact info. If they wanted any more information or if they want to just stay in touch and be more in touch with the fellowship, the whole point of a GSR is connecting with the whole thing. Maybe the guy who takes attendance could help me with what is North Tustin and what is South Tucson and then the ones that are in South Tucson and which ones have GSRs and which ones don't. I heard that that's available somewhere. So, I'm planning on doing that and attending more of those meetings and that's it. Thanks.
- DCM Friendship Club AM & PM (Chris D.): For Friendship Club, we have a clean-up date coming up here in the next month, I will have a flyer and a date. We will expect to see a lot of us GSRs in attendance to get things cleaned up and organized. We're going to be doing some revamping. Remodeling, getting things looking good over there. Then we're going to start doing events there. Our first event is going to be April 21st. We're going to do a recovery awareness fundraiser. Proceeds will, most likely, go to Recovery Rd. We haven't fully set it in stone, but that was just discussed.

OLD BUSINESS: Open (Vicki R.) Time was un-permitting.

NEW BUSINESS: Open (Vicki R.) Time was un-permitting.

PROGRAM: The 74th General Service Conference (Vicki R.)

Vicki went over the agenda items. She went over the importance of the agenda items and the importance of getting that information back to our groups. She stated that there are 91 agenda items and 13 standing committees to go over the various agenda items. She went over how to navigate the MSCA website to get to the agenda items, the backgrounds for the agenda items and how to get to the hyperlink for Survey Monkey. She discussed events being held regarding the agenda items and the locations of those events. Mitchell B stepped in to go over some of the information. He discussed the Delegates committee and how items will be reviewed in that committee. Vicki had Matt D come up and go over a specific agenda item and discuss it with the group.

Questions, Concerns, Suggestions or Problems reported by Attendees: (Vicki R.) Time was un-permitting.

Volunteer GSR Report: N/A

Volunteer GSR Report (April): N/A

Motion to Adjourn: Unintelligible

- Seconded by: Unintelligible
- Motion Passes Unanimously

Meeting closed out with Responsibility Statement:

"I am responsible. When anyone, anywhere reaches out for help, I want the hand of A.A. always to be there. And for that, I am responsible."

Please visit www.district5msca09.com or www.msca09aa.org for additional information on upcoming events.

IMPORTANT DATES – DISTRICT 5

• District 5 Steering Committee Monday 04-08-2024 6:00 PM Zoom Link: https://zoom.us/j/8970371755?pwd=WFdCdWFBVytCNzVpckROU2h6N0xKQT09

• District 5 GSR 'Hybrid' Meeting

Thursday 04-11-2024 7:00 PM* - 8:30 PM
*6:30pm New GSRs Orientation (In-Person Only)

In-Person: Church of the Foothills – 19211 Dodge Ave., Santa Ana 92705

ZOOM: https://us02web.zoom.us/i/89539680732?pwd=a0hNQiRNaXl3M01rVXRqNEErV2hUZz09

Meeting ID: 895 3968 0732 // Password: 697774

IMPORTANT DATES AND ANNOUNCEMENTS

DISTRICT 5:

• District 5 Steering Committee Mon. 04-08-2024 6:00pm
Zoom: https://us06web.zoom.us/j/8970371755?pwd=WFdCdWFBVytCNzVpckROU2h6N0xKQT09&omn=88298285865
Meeting ID: 897 037 1755 // Passcode: 06101935

• District 5 GSR 'Hybrid' Meeting

Thurs. 04-11-2024 7:00pm* - 8:30pm
*6:30pm New GSRs Orientation (In-Person Only)

In-Person: Church of the Foothills – 19211 Dodge Ave., Santa Ana (North Tustin) 92705

Zoom: https://us06web.zoom.us/j/8970371755?pwd=WFdCdWFBVytCNzVpckROU2h6N0xKQT09&omn=87557603411

Meeting ID: 897 037 1755 // Passcode: 06101935

AREA 09 - "74TH GSC AGENDA ITEMS" RELATED EVENTS:

• Grapevine and La Vina Agenda Item Review and Feedback (Hybrid) (Sun.) 03-17-2024 10:00am-12:30pm

Registration: 9:30am-10:00am / Lunch: 12:00pm-12:30pm

In-Person: MSCA09 Archives – 711 Arlington Ave., Suite B, Riverside, CA 92680

Zoom ID: 854 8006 9965 // Passcode: Panel 74

• Review Agenda Items (Virtual) Wed. 03-20 & 03-28, 2024 7:00pm-8:30pm

Zoom ID: 854 8006 9965 // Passcode: Panel 74

• GSR Pre-Conference Workshop (Virtual) Sat. 04-06-2024 1:00pm-5:00pm

Zoom ID: 854 8006 9965 // Passcode: Panel 74

Mock Pre-Conference (In-Person Only) Sun. 04-07-2024 9:00am-4:00pm

Registration: 8:30am-9:00am

Location: Backs Community Building, 201 S. Bradford Ave., Placentia, CA

AREA 09 – OTHER EVENTS:

• (Traditions 7-9) Service Study and (Committee) Sharing Thurs. 03-21-2024 6:00pm – 8:15pm

Virtual Only – Held on the Third Thurs. of every month. 6:00pm-7:00pm Service Study

7:15pm-8:15pm Committee Sharing Session

Zoom ID: 873 6607 8505 // Passcode: Area09p

OTHER:

Pacific Region Forum (Fri.-Sun.) 07-12 thru 07-14, 2024
 Westgate Resort and Casino, Las Vegas, NV